



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.bcbsil.com](http://www.bcbsil.com) or by calling 1-800-458-6024.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	For In-Network and Out-of-Network: <b>\$200</b> Person / <b>\$600</b> Family	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. For In-Network: <b>\$1,000</b> Person / <b>\$3,000</b> Family For Out-of-Network: <b>\$2,000</b> Person / <b>\$6,000</b> Family	The <u>out-of-pocket</u> limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Deductibles, premiums, balance-billed charges, and health care this plan does not cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network of providers</u> ?	Yes. Visit <a href="http://www.bcbsil.com">www.bcbsil.com</a> or call 1-800-458-6024 for a list of participating providers.	If you use an in-network doctor or other health care provider, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their network. See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a <u>specialist</u> ?	No.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 4. See your policy or plan document for additional information about <u>excluded services</u> .

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use PPO **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an PPO Provider	Your Cost If You Use an Non-PPO Provider	Limitations & Exceptions
If you visit a health care <b>provider's</b> office or clinic	Primary care visit to treat an injury or illness	10% coinsurance	40% coinsurance	---none---
	Specialist visit	10% coinsurance	40% coinsurance	---none---
	Other practitioner office visit	10% coinsurance	40% coinsurance	\$1,500 maximum applies to chiropractic manipulation only.
	Preventive care/screening/immunization	No Charge	40% coinsurance	---none---
If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance	40% coinsurance	---none---
	Imaging (CT/PET scans, MRIs)	10% coinsurance	40% coinsurance	

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# City of Rockford:P32756 Traditional PPO Police & Fire

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2013-12/31/2013

Coverage for: ALL | Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost If You Use an PPO Provider	Your Cost If You Use an Non-PPO Provider	Limitations & Exceptions
<b>If you need drugs to treat your illness or condition</b>  More information about <u>prescription drug coverage</u> is available at Medco Member Services at - 1-877-543-1967 or <a href="http://www.medco.com">www.medco.com</a>	Generic drugs	Retail: 1-30 day supply \$15 copay, 31-60 day supply \$30 copay, 61-90 day supply \$45 copay	100%	Medco Mail Order 90 day supply - \$30 copay.  Mandatory mail order for eligible prescriptions after 3 fills or copay will be doubled.
	Preferred brand drugs	Retail: 1-30 day supply \$15 copay, 31-60 day supply \$30 copay, 61-90 day supply \$45 copay	100%	Medco Mail Order 90 day supply - \$30 copay.  Mandatory mail order for eligible prescriptions after 3 fills or copay will be doubled.
	Non-preferred brand drugs	Retail: 1-30 day supply \$15 copay, 31-60 day supply \$30 copay, 61-90 day supply \$45 copay	100%	Medco Mail Order 90 day supply - \$30 copay.  Mandatory mail order for eligible prescriptions after 3 fills or copay will be doubled.
	Specialty drugs	Retail: 1-30 day supply \$15 copay, 31-60 day supply \$30 copay, 61-90 day supply \$45 copay	100%	Medco Mail Order 90 day supply - \$30 copay.  Mandatory mail order for eligible prescriptions after 3 fills or copay will be doubled.

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If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	40% coinsurance	---none---
	Physician/surgeon fees	10% coinsurance	40% coinsurance	
If you need immediate medical attention	Emergency room services	10% coinsurance	10% coinsurance	---none---
	Emergency medical transportation	10% coinsurance	10% coinsurance	---none---
	Urgent care	10% coinsurance	40% coinsurance	---none---
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	40% coinsurance	For inpatient and ancillary services received at OSF St. Anthony there is no charge.
	Physician/surgeon fee	10% coinsurance	40% coinsurance	
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	10% coinsurance	40% coinsurance	---none---
	Mental/Behavioral health inpatient services	10% coinsurance	40% coinsurance	
	Substance use disorder outpatient services	10% coinsurance	40% coinsurance	
	Substance use disorder inpatient services	10% coinsurance	40% coinsurance	
If you are pregnant	Prenatal and postnatal care	10% coinsurance	40% coinsurance	---none---
	Delivery and all inpatient services	10% coinsurance	40% coinsurance	

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**Coverage Period:** 01/01/2013-12/31/2013

**Coverage for:** ALL | **Plan Type:** PPO

Common Medical Event	Services You May Need	Your Cost If You Use an PPO Provider	Your Cost If You Use an Non-PPO Provider	Limitations & Exceptions
<b>If you need help recovering or have other special health needs</b>	Home health care	10% coinsurance	40% coinsurance	Unlimited visits
	Rehabilitation services	10% coinsurance	40% coinsurance	---none---
	Habilitation services	10% coinsurance	40% coinsurance	---none---
	Skilled nursing care	10% coinsurance	40% coinsurance	Unlimited days
	Durable medical equipment	10% coinsurance	40% coinsurance	Benefits are limited to items used to serve a medical purpose. DME benefits are provided for both purchase and rental equipment (up to the purchase price).
	Hospice service	10% coinsurance	40% coinsurance	Unlimited visits
<b>If your child needs dental or eye care</b>	Eye exam	Not Covered	Not Covered	---none---
	Glasses	Not Covered	Not Covered	
	Dental check-up	Not Covered	Not Covered	

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## Excluded Services & Other Covered Services:

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)
- Hearing aids
- Infertility treatment
- Long-term care
- Routine eye care(Adult)
- Routine foot care (Except persons diagnosed with diabetes)
- Weight loss programs

### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Bariatric surgery (Limited to once per lifetime)
- Chiropractic care
- Most coverage provided outside the United States. See [www.bcbsil.com](http://www.bcbsil.com)
- Non-emergency care when traveling outside the U.S.
- Private duty nursing (Excludes inpatient care)

## Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-458-6024. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact a Customer Service representative to help you file your appeal. Please contact Customer Service at 1-800-541-2793. In addition, a list of states with additional Consumer Assistance Programs is available at <http://cciio.cms.gov/programs/consumer/capgrants/index.html>.

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**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-458-6024.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-458-6024.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-458-6024.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-458-6024.

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*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*

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## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is  
not a cost  
estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- **Amount owed to providers: \$7,540**
- **Plan pays \$6,460**
- **Patient pays \$ 1,080**

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$200
Copays	\$20
Coinsurance	\$710
Limits or exclusions	\$150
<b>Total</b>	<b>\$1,080</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers: \$5,400**
- **Plan pays \$4,320**
- **Patient pays \$1,080**

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$200
Copays	\$580
Coinsurance	\$220
Limits or exclusions	\$80
<b>Total</b>	<b>\$1,080</b>

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## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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